

DUCHY DIGEST

MAY 2022

INSIDE THIS ISSUE

PG. 5-6

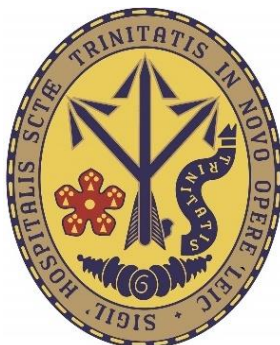
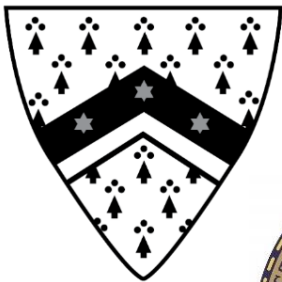
Why teachers drink! – Exam answers from 16-year old's...

PG. 7

Where were you – Have a read of this interesting piece about WW2 by Basil Scott.

PG. 8-10

How Wyggestons celebrated Easter! – Have a look at some pics from how Wyggestons celebrated!



PG.11

Oddfellows band are returning...



the Oddfellows SINCE 1810
making friends, helping people

CONTENTS

Welcome	3
Birthdays & Trinity Service	4
Why teachers drink!	5-6
Where were you?	7
How Wyggestons celebrated Easter!	8-10
Oddfellows band	11
Booking & using rooms in Lancaster House	12
Gardening	13
Recipes	14
Naming popular brands	15
Quiz	16

If you have anything you would like to add or see featured in the next newsletter then please let us know!

Welcome

A warm welcome to the May edition of Duchy Digest.

We hope you had a joyful Easter and now May is upon us.

The continued lifting of the covid restrictions are allowing us to return to some degree of normality and I am very pleased to see our first trip of the year taking place on Wednesday May 11th.

We have also our first concert from Oddfellows Band on 8th May and we are presently finalising arrangements for the Jubilee celebration weekend and Founders Day at Wyggestons, along with Trinity Sunday on 12th June.

It is really pleasing to see the new community rooms being used by such a variety of groups and residents activities, as well as for Board meetings. The Looking Ahead Group of Governors is now focused on the needs of William House, and we will be updating you with our plans for the Almshouses in the near future.

You will all be aware that with the good weather we are now concentrating on refurbishing and creating new gardens around the site. Planting is being carried out around Lancaster House and Cottages now that the building works have come to a conclusion and the new Wyggeston Gardens works have commenced. Apologies for the disruption this will cause over the next few months but we hope the final result will be worth the inconvenience, noise and dust. The weather hasn't been particularly helpful with the new planting so far and we are watering constantly as April showers have been notably absent.

We have also purchased new garden furniture for you to enjoy around the grounds.

This month's Digest includes a laugh from Doreen Dunmore about why teachers drink! An interesting piece from Basil about his experience in the war which is worth the read and pictures showing how Wyggestons celebrated Easter 2022.

Please remember that as this newsletter is as much about residents as the Charity news, we are always looking for new features and content – if you have any idea or a story you would be willing to share please let Hetty know.

Chris

**PLEASE NOTE THE FINANCE OFFICE WILL BE
OPEN TO RECEIVE PAYMENTS ON
TUESDAY 24th MAY 2022**



**For those residents who have birthdays in May,
we would like to wish you a very Happy Birthday!**

William House

Pauline Clarke	7 th May
Margaret Tonkin	26 th May
June Aitken	30 th May

Agnes House

Jenny Wood	22 nd May
Margaret Smith	28 th May

Lancaster House

Phyllis Atkinson	12 th May
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Cottages

Maria Breed	23 rd May
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Trinity

Jim Johnson	11 th May
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Trinity Service

Reminder the annual Trinity Sunday Service will take place in the Chapel at Trinity Sunday 12th June at 4:00pm. Please note that we are restricted in numbers so this is for Trinity residents only.



Why Teachers drink!

These are some answers from 16-year-olds in an exam...

Q: Name the four seasons.

A: Salt, pepper, mustard and vinegar

Q: How is dew formed?

A: The sun shines down on leaves and makes them perspire.

Q: What are steroids?

A: Things for keeping carpets on stairs

Q: What happens to your body as you age?

A: When you get old, so do your bowels and you get intercontinental.

Q: What happens to a boy when he reaches puberty?

A: He says goodbye to his boyhood and looks forward to his Adultery.

Q: Name a major disease associated with cigarettes.

A: Premature death.

Q: How can you delay milk turning sour?

A: Keep it in the cow.

Q: What is a Fibula?

A: A small lie.



Q: What does varicose mean?

A: A small lie.

Q: Give the meaning of the term Caesarean Section.

A: Caesarean Section is a district in Rome.

Q: What is a terminal illness?

A: When you are sick in the airport.

Q: What does the word 'benign' mean?

A: Benign is what you will be after eight.

Another smile!

My wife and I have a secret of making marriage last. Two times a week we go to a nice restaurant and have a little wine and good food, she goes on Tuesdays, and I go on Fridays...

Doreen Dunmore

Flat 24

Where were you?

What are your memories of the 2nd World War?

The outbreak of war in Ukraine has triggered painful memories of war, which we thought would not recur in Europe in our lifetime. Did you have to escape the bombs that fell on London or Coventry or somewhere else? Many children in those days had to move to the countryside or to some strange place. For me the sight of children fleeing in Ukraine as refugees from their homes and families brings back painful memories of separation from my parents.

I grew up in China where my parents were missionaries. Japan's attack on Pearl Harbour in December 1941 condemned all of us Brits and Americans to being Prisoners of the Japanese who had already invaded China in 1937. From the age of five I had been in a boarding school, hundreds of miles from my parents. So, when war struck I could not go home and did not see my parents again for 3 long years.

I can just imagine how terrible it must be for many children in Ukraine now. To be a refugee is bad enough, but to be a refugee child cut off from home and family can be even worse. For me those 3 years from the age of six to nine separated from my parents were a traumatic experience. It did not help that I was often ill and had horrific nightmares of being blasted into bits in space.

To begin with our school was left alone, but then we were all moved by our Japanese soldiers to a new site, where there was a garden but no permission to move out of the compound and no chance to see my sister in the large house next door. After a year we were transferred several hundred miles to the camp where Eric Liddell was the most famous prisoner.

It was only at the end of that year that my sister and I were sent by train with Japanese soldiers to Shanghai where my parents were imprisoned in a di=uses tobacco factory. At the end of a long journey, we crossed the river that runs through Shanghai on a sampan at night and landed at the Japanese naval base. There a tall man reached down to me in the darkness and took my hand. It was my father! I had not seen him for three years, but I knew at once it was him. From that moment I was home again. What a joy to be with my father and mother even though we were prisoners confined to a tiny space at night.

I thank God for having mercy on me.

Basil Scott
Stainfield

How Wygggestons celebrated Easter!



Enjoying hot cross
buns after the
Good Friday
service!



Happy
& Easter!



Easter
bonnets
made at
Agnes House



The Chapel
was decorated
by a few
residents for
Easter, it
looked
beautiful!



A big thank
you to all
those who
decorated
the Chapel!



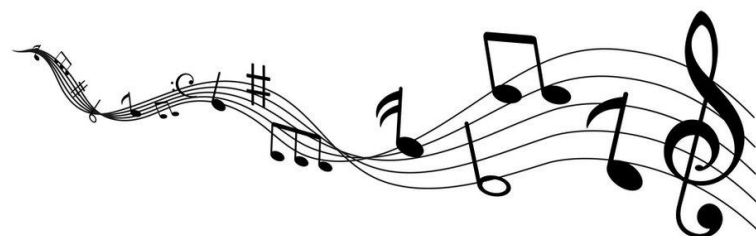


the
Oddfellows SINCE 1810
making friends, helping people

Oddfellows band are returning to
Wygggestons!

They will be playing St Ursula's
Chapel on Sunday 8th May from
2:30pm to 5:00pm

Hot drinks will be provided.



Booking and using the rooms in Lancaster House

Since the Duchy lounge and Conference room have been available for various different activities and residents personal use, it has been great to see the amount of people taking advantage of this and booking the rooms, however, there were a couple of things we wanted to point out.

When you would like to book a room, please see Hetty or Becky to do so, they can book this in for you or give you alternative options if the room isn't available.

When you use the room either for resident activities or personal use, please can you leave the room how you found it, clean any mugs, plates, spoons etc that you may have used either wash them up in the admin kitchen or there are now instructions on the dishwasher in the big



kitchen in the Duchy Lounge, this only takes a few minutes. As well as this, please put things back on the shelves/where you got them from. If for any reason you can't clean the room or use the dishwasher, please let a member of the admin team know.



Gardening

From May 6th Wyggestons will be having little visitors from Hopscotch Playgroup to do some gardening each Friday morning for around 5 weeks at 10:10am.

We think it would be lovely for the children to meet some of our residents while enjoying the outdoors.

If we could have at least 6 volunteers each Friday Morning to help with the activities.

If this is something you'd be interested in please put your name down on the notice board.





Why not give these simple recipes a try?

Macaroni Cheese

Ingredients – Serves 4

- 700ml Full-fat milk
- 1 Onion Peeled and halved
- 1 Garlic clove, peeled
- 1 Bay leaf
- 350g Macaroni
- 50g Butter
- 50g Plain flour
- 175g Mature cheddar cheese
- 1tsp English mustard
- 50g Parmesan, grated
- 50g White breadcrumbs



Method

In a small pan warm the milk, onion, garlic and bay leaf until almost boiling. Remove from heat and leave covered for 10 minutes then strain. Cook the macaroni until just soft then drain and run under the tap to stop the pasta sticking together. Heat the oven to 170c and butter a 25 by 18cm oven proof dish. Melt the butter in a medium pan, when foaming add the flour, then cook, stirring constantly for 1 min on a low heat. Slowly stir in the warm infused milk into the roux until smooth and simmer for 3-4 mins, stirring often, until sauce has thickened, remove from the heat and add the cheese and mustard and stir until the cheese has melted. Mix the cheese sauce with the macaroni then tip into the dish, sprinkle the parmesan and breadcrumbs on top and bake for 15-20 mins or until golden brown and enjoy!

Eton Mess

Ingredients – Serves 6

- 2 Large egg whites
- 120g Caster sugar
- 500g Strawberries chopped
- 450ml Double cream
- 1tbsp Icing sugar



Method

Preheat oven to 100C and line a large baking tray with parchment paper. Whisk eggs whites in a large bowl using an electric whisk or tabletop mixer until they reach stiff peaks, then add the sugar in 3 lots re-whisking to stiff peaks each time. Spoon dollops of the mixture onto the parchment paper cook on the bottom shelf for an hour and leave to cool. Blitz 1/3 of the strawberries to make a sauce. In a large bowl whisk the cream with the icing sugar just so it holds its shape. Crush 3/4 of the meringues and tip them with the chopped strawberries and stir then swirl through the strawberry sauce. Dollop into bowls and put the remaining crushed meringues on top, serve and enjoy!

If you have any recipes to share then please let us know!

Have a go at naming some of these popular brands!



QUIZ TIME

1. Mary Ann Nichols was the first known victim of which serial killer?
2. Morocco Mole was the sidekick of which cartoon character?
3. According to the website Operabase, what was the most performed opera in the World in 2021?
4. What was the name of the super-continent that incorporated almost all the Earth's land mass during the late Palaeozoic period?
5. Which songs with "Red" in the title were UK top twenty hits for the following artists, [a] Sugababes (2006), [b] David Sylvian (1984), [c] Johnny and the Hurricanes (1959), [d] Garth Brooks (1994) and [e] Hope of the States (2004)?
6. Popular in Australia and New Zealand, what name is given to the biscuit made using rolled oats, flour, sugar, butter, golden syrup, and desiccated coconut?
7. In the TV series "Sabrina the Teenage Witch", what was the name of the talking cat?
8. Who did Green Bay Packers defeat in Super Bowl I in 1967?
9. In 1986, who released the UK top ten single, "Suburbia"?
10. What is the name of the heroine in Shakespeare's "As You Like It"?
11. Which alcoholic beverage is made by fermenting honey?
12. The Belgian Blue is what type of farm animal?
13. Which product used the slogan, "Looks good, tastes good and by golly it does you good"?
14. How many American states have a coastline on the Gulf of Mexico?
15. In 1976, who released the single, "Carry On Wayward Son"?
16. Which George Gershwin opera is set in Catfish Row?
17. The Tolpuddle Martyrs were from which English county?
18. In Greek cuisine, what is stifado?
19. What was the name of the character Charles Bronson played in the Death Wish series of movies?
20. Who created the state "Verity" in the North Devon town of Ilfracombe?



Answers in the next newsletter

Answers: 1. Poland, 2. Minerva, 3. Twins, 4. Jefferson Davis, 5. a) "Searching" b) "Keep searching" c) "Searching" d) "Call off the search" e) "Search for the hero", 6. Maine, 7. Lion, 8. Sublimation, 9. OK Computer, 10. Fort William, 11. Scarecrow, 12. Harthacnut (Canute III), 13. Talking Heads 14. Tetley, 15. The Hunger Games, 16. Nose or short half-head, 17. Vienna, 18. Winston Churchill, 19. Nitrogen 20. Topaz