



FEBRUARY 2022

INSIDE THIS ISSUE

PG. 8-9

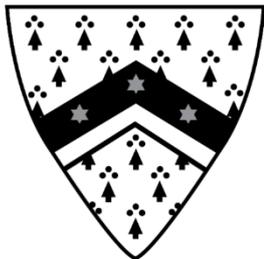
Office Move! – The admin offices are moving!

PG. 15

Mrs Drake in her element – Have a read of this piece written by John Seymour.

PG. 17

Meet the Governor – Get to know another Wyggeston's Governor!



PG.10

We need your help!



CONTENTS

Welcome	3
Birthdays & In Memory	4
Welcome to the new residents	5
Residents corner	6-7
Office move!	8-9
We Need Your Help	10
Trinity visiting again	11
When is a coincidence not a coincidence?	12-13
LFT Testing	14
Mrs Drake in her element	15
Recipes	16
Meet the Governor	17
Puzzle answers	18-19
Quiz	20

If you have anything you would like to add or see featured in the next newsletter then please let us know!

Welcome

Welcome to the latest edition of Wyggeston and Trinity Newsletter for February 2022

Happy new year to you all.

We are so pleased that after a gruelling two years we have some good news to share with you.

The Lancaster House scheme will be opening in early February and we will be welcoming you all to the new facilities in the next few weeks.

The Administration team offices will be moving around 1st February and we will then transfer all the William House social events into the two new social rooms shortly after. The project has been many years in planning and despite the hiccups over the last two years, it is a wonderful project for the Charity, incorporating beautiful new apartments and cottages in addition to the new grounds and community areas.

The development has been a lot of hard work and commitment from Governors, staff and our contractors and is a credit to everyone involved.

The final works to the Link Bridge are also due to complete in the next few weeks, although Covid restrictions mean that Agnes House is still only accessible through appointments via the main entrance.

The recent lifting of the “Plan B” restrictions also mean we can join the Almshouses together as one community again and so we will be open to visits from Trinity Hospital residents shortly and hopefully more restrictions may also be lifted in the coming weeks – we will of course keep you informed.

We haven't forgotten the Cheese and Wine evening which is normally arranged for this time of the year but we will assess how things develop and see if we can host this during the year, as well as our summer concerts. There will also be a Valentines tea, go and see the Wardens to put your name down for this! The Master and I have decided to retain the residents Charities again this year as fund raising events were so curtailed last year!

Chris

**PLEASE NOTE THE FINANCE OFFICE WILL BE
OPEN TO RECEIVE PAYMENTS ON
TUESDAY 22nd FEBRUARY 2022**



For those residents who have birthdays in February,
we would like to wish you a very Happy Birthday!

William House

Agnes House

Patricia Heyden **1st February**
Sister Celestine Henry **2nd February**
Margaret Orton **18th February**
Heather Leader **23rd February**

Tony Delaney **7th February**
Graeme Jackson **17th February**

Lancaster House

Trinity

Jim O'Donaghue **18th February**

Linda Millis **18th February**
Ann Reeder **19th February**

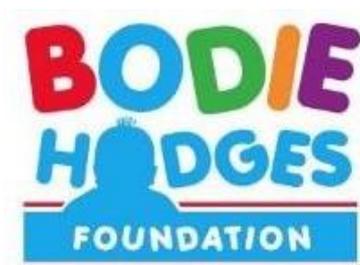
Charity Nominations 2022

Around this time we would usually ask residents for their nominated charities for this year.

We have again decided to continue with last years nominated charities. If you have any fund raising ideas that we can try, then please let the staff know!

In the meantime, we would like to thank everyone for their efforts in 2021.

Let's make 2022 a fundraising year to remember!



WELCOME

Welcome to all the new residents that have recently moved into the Lancaster House, if you need help with anything see the Wardens or go down to the office, everyone is happy to help.

In the future we will arrange a social event for you to be properly introduced to the rest of the residents in William House but in the meantime don't hesitate to join in the current weekly social activities, you will be very welcomed.

We wish you all many happy years at Wyggestons.



MORSBAGS - update!



I would like to thank all those who have donated fabric to this cause; it is much appreciated and makes for some variety when cutting out and sewing! I have now reached a total of over 2,300 bags. Please keep taking them and pass on to family and friends. This is a positive way to reduce the hideous number of plastic bags being used, and to keep waste fabric out of landfill.

Donations of fabric are always welcome; curtains and bedding are best. Sorry though; jersey, silky or velvet fabrics are not suitable for Morsbags.

Wishing you all a peaceful and happy new year.

*Caroline
Flat 20 William House.*

Library

We have very limited space in the library so please do not leave any additional books, DVD's, CD's etc as we have no room for them. A cardboard box of DVD's has been left in the library, we would be grateful if the person who left them there please remove them.

Also please note:

- 1) You only have to sign out a large print book as these belong to the library service. These books are changed every 2 months and the next changeover will be in the middle of March (see list on the blue board in the library)
- 2) All the books are kept in alphabetical order. When removing a book to look at please ensure it goes back in the correct place on the shelf.
- 3) Returning books are to be placed in the wooden box.
- 4) Please do not put any books in the box on the floor which contains books for taking (and not returning). A book belonging to the library service was found in there.

Electric Wheelchair for sale

Rascal Rialto Power-chair for sale. Included are the Owner's manual and charger.

In good running condition.

Can deliver to local areas.

£500 or sensible offer.

Sue Hulatt,

Flat 11,

William House.



 **Valentine's Day tea** 

On Valentine's Day there will be a Valentines tea at 4:00pm in the Duchy Lounge (TBC), £5.00 per person if you would like to attend see the Wardens to put your name down for it.

OFFICE MOVE!

From February the admin offices will have moved!

Melissa, Hetty, Jess and Chris will be located in Lancaster House, to get there you turn left after the 2 double doors at the end of the corridor

(See next page for a map).

Gary, maintenance and Sharon, Lead Warden, will both be located in the current Admin offices.


We've
MOVED



We need your help!



As we are now joined with Trinity Hospital we feel we should rename the newsletter to cement the collaboration of the two charities.

We would like the residents of both Wyggestons and Trinity Hospital to suggest new names for the current newsletter.

Please submit your answers to Hetty before the end of February using the slip below.

Newsletter name suggestion.....

.....

**Due to the latest covid
announcement and the
lifting of plan B
restrictions, from
January 31st Trinity will
be able to join in
activities and visit once
again.**



When is a coincidence not a coincidence?

This is a big question because we can deny Gods love in our lives when we are too quick to say “It’s just a coincidence!” I have had some amazing coincidences in my life; too amazing for them to actually be coincidences.

Here is one of them, I was in my thirties working as a social worker at the Maternity Hospital on the Neo Natal Unit. My work included trying to help newly grieving parents with the loss of their babies, when sadly they didn’t make it. One such couple was Ethan and Carla (not their real names): A lovely little family. They already had one child and then they had just had two beautiful twin girls. It was unusual to see full size babies in the incubators but they had suffered brain damage.

One of the baby girls died and I spent time sitting with Carla. There isn’t much to do at this point except to be there. The following day the second twin died, what a tragedy. I could hardly hold my tears back, but I braced myself and went to see Carla again, there were no words, just sitting, holding hands and hoping that Carla would understand there was nothing I could say that would help. (Later she told me how much it did help, just to have someone there to share just a little of her grief). I did continue seeing Ethan and Carla at their home for a time and then for the last time on the 1st anniversary of the babies deaths. “So what?” you may be asking, “What is coincidental in that?” Well, fast forward 2-3 years. My eldest daughter Steph, who lived in Bolton at the time with hubby Steve, was expecting Josh (who gets married this April) and decided there was enough time to drive to Leicester for the weekend. How wrong can you be? She went into labour which meant she needed to give birth in Leicester, I was very happy that they both wanted me at the birth. After the birth Steph needed

some more attention and I slipped out of the delivery room to find a coffee machine.

Wow, what a surprise. Who should be in the coffee area other than Ethan, Carla had just given birth to another little boy, I was invited to go to see Carla and the



baby (I was shown a shortlist of names and asked to choose one of them.) It was such a privilege and blessing to see Carla, Ethan and the baby. What a wonderful ending to this little saga.

So it was a coincidence that I was there at just the right time or was it God? Well, it was all about timing. In order for me to be there at that moment, my daughter and son in law needed to make the decision to travel to Leicester. They then needed to agree that I could be at the birth, Steph's Labour needed to coincide with Carla's labour, for them to give birth at about the same time, and then Ethan and I both had to have the same thought "Coffee!" and to be at the coffee machine at the same time.

Surly this is more than a coincidence. In my book "it's a miracle!" It showed me that when I am in a really difficult heart-breaking situation, where deep-down I was overwhelmed with Carla's grief, God was with me and saw it. He was holding my hand and also Carla's. It mattered to God enough to orchestrate all the events, to



bring Carla and I together to celebrate the birth of her next child and God wants you to know that he is there for you (when you face overwhelming situations) holding your hand in difficult times and the amazing thing is that he wants you to know that he is behind the scenes, working the miracles so don't be in a

hurry to say "it's just a coincidence" when you get a wonderful outcome, look for "the miraculous".

Rose Mee,
Flat 8, Lancaster House.



Covid is still among us!

We would like to ask that you take a covid LFT test if you feel unwell, if you have knowingly been in contact with someone who has tested positive and before you go to any busy communal areas such as Christmas markets.

You can request LFT tests directly from the NHS however William House does have a small supply.



**HELP US
HELP YOU
KNOW WHAT TO DO**

MRS DRAKE IN

HER ELEMENT



The four of us were lucky kids, my three sisters and me. Lucky because we had a really big garden with trees to climb and ample room for play and for growing things. We had an old wicker three-wheeler bath chair which when steered by the occupant and pushed from behind could speed round the garden path with more spills than at any Grand Prix. In one corner was a tumbledown shed to explore, full of old furniture, and known as Buckingham Palace. Dad owned a meeting hall next door: good for roller skating in wet weather.

But it wasn't all play. We did our bit for the war effort by digging for victory. One lawn was now replaced with rows of cucumbers, carrots and curly kale.

We had a menagerie of pets: Tiddles the tabby; a black Labrador whose name is now offensive; a rabbit or two, some hens, a full-throated cockerel and his sleeping partner known affectionately as Mrs Drake. A widow, I think, as there was no Mr Drake.

But there was a down-side to this children's paradise: scary, and potentially deadly. *It was the early 1940's and we were in south-suburban London.*

On many nights anti-aircraft guns were noisy and persistent: evidence of enemy aircraft in the vicinity. Shrapnel made an eerie whistling noise as it fell back to earth. Seriously frightening was the low drone of the *Luftwaffe*: soft at first, then louder, and then... hopefully dying away again. But most terrifying of all was the whistle and screech of falling bombs. All you could do was to hold your breath, wait – and *pray*.



Some nights fires lit up the sky. Our full-throated cockerel would crow *fortissimo*, thinking it was the dawn. Mrs Drake quacked loudly with annoyance while we were snug in our Hobbit-like Anderson shelter.

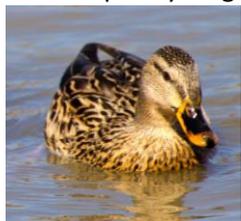
One Sunday afternoon Mum went to church just around the corner. Soon the air-raid warning scuttled the rest of us into the shelter. This was no false alarm. A heavy throbbing warned of approaching enemy aircraft. Within moments there was a series of terrifying, screeching whistles and ear-shattering explosions. A stick of high-explosive bombs had straddled our garden.

It felt as if we were all being carried high into the air – a sort of weightlessness. The noise of falling debris and garden soil continued for some minutes. When things quietened down we peeped outside not quite knowing what to expect.

After some minutes and as the dust and debris began to settle we could see a large round crater half in our garden and half next door. Our garden fence had received a direct hit. Sir John Anderson, Churchill's Home Secretary, had saved *our* lives, but what about Mum? Had one of the other bombs fallen on the church? After the *All Clear* she hurried home and with hugs all round we were happily reunited.



The deep round crater wasn't filled in for many months and provided us with plenty of goeey modelling clay. Later that winter, to the utmost and continuing delight of Mrs Drake, it filled with water. She was now, as never before, truly and happily, in her element.



JOHN SEYMOUR

Why not give these simple recipes a try?

Tomato Pasta Bake

Ingredients

- 1 tbsp olive oil
- 1 onion, chopped
- 1 garlic clove, crushed
- 400g canned cherry tomatoes or chopped tomatoes
- Pinch of sugar
- A few dashes Worcestershire sauce
- 100g pasta
- 50g cheddar cheese, grated



Method

Heat the oil in a medium pan and fry the onion for 5 mins until softened and lightly golden. Stir in the garlic and cook for a further min. Mix in the tomatoes and sugar, bring to the boil and simmer for 20 mins. Add a few dashes of Worcestershire sauce and season to taste. This basic sauce can now be chilled or frozen. Meanwhile, cook the pasta according to pack instructions. Heat the grill to high. Drain the pasta and stir into the sauce and place in an oven proof dish. Scatter over the cheese and grill for 3-5 mins or until bubbling hot and golden. Serve with a simple salad.

Almond, Apple and Pear Sponge

Ingredients

- 2 Bramley apples
- 500g pears
- Juice of ½ lemon
- 85g caster sugar
- 1 tbsp rosewater

Topping

- 115g softened butter
- 115g caster sugar
- 100g self-rising flour
- 75g ground almonds
- 3 medium eggs
- ½ tsp almond extract



Method

Preheat oven to gas 4/180 degrees, core and chop the apples and pears and place in a bowl with the lemon juice, add sugar and rosewater and mix thoroughly then pour into a 1.5L pie dish. In a large bowl, beat the butter and sugar until pale and fluffy. In another bowl mix together flour and almonds, then beat the eggs butter and flour mixture, add the almond extract and spread over the fruit, bake for 50 minutes or until golden, sprinkle with extra sugar and serve at room temperature.

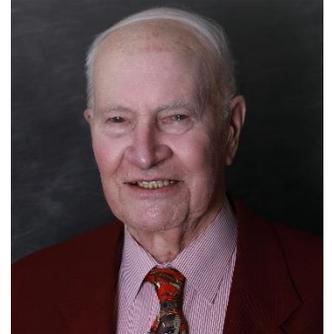
If you have any recipes to share then please let us know!

Meet your Governors

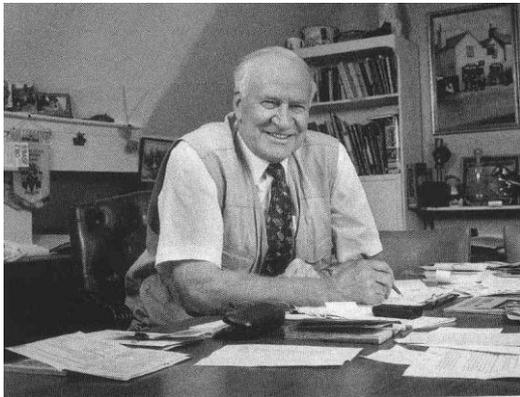
*We have asked some of
Governors to introduce
and tell us a bit about
themselves.....*

Introducing: Duncan Lucas

Born in Wigston Magna in 1929, history was always pumped into me. Wyggestons Hospital was always a name for me to conjure. The Hill Family were tenants of the ancient farm 3 doors away from me. The farm spanned the A50 near where the Police HQ in Enderby stands with the fire station next door.



Along came the sale of the land to the builders. BANG goes the ancient cottages converted in to wagon hovels and cow sheds, which then became a new road. The whole of the land was then sold off. This was a narrow strip of 100 acres almost stretching to Kilby Church.



I remonstrated with the neighbour who lived 2 doors away that this land had potential but he felt stocks and shares were the future not rental land. Now this land is falling to the housing, boom. Who was right?

The clock moves on and I was elected onto the County Council. The first meeting elected members to serve on various sub-committees and Wyggestons Hospital was one. So I applied and got a seat in 1985. I served on the Estates Committee and found myself serving under the Chairmanship of Alderman Heard, never dreaming I should get that rare title.

With an officer who used his committee fully for support, I enjoyed the job and when the 500th anniversary came along I volunteered to form a special committee, was elected chairman and set out a programme of events.

Never shy in coming forward, the committee certainly homed plants and maintained 5 acre wood near Kilby, which is known as 'Wyggestons Wood'.

My family is a son, daughter, 3 grandchildren, 8 great grandchildren.



Whilst serving I was member of Estates Committee and also Vice-Chairman. I am the second longest serving Governor in office in my present body!

Duncan

ANSWERS

Answer Key



MEDIUM

	6	9	2			
		7	2			
	9	5	8	7		
9			3		6	
7	5				1	9
1			4			5
	1		3	9		8
		2	1			
	9	8	1			

8	7	6	4	9	3	2	5	1
3	4	5	7	1	2	9	6	8
2	9	1	5	6	8	4	7	3
9	8	2	1	3	5	7	4	6
7	5	4	8	2	6	3	1	9
1	6	3	9	4	7	8	2	5
4	1	7	3	5	9	6	8	2
6	3	8	2	7	1	5	9	4
5	2	9	6	8	4	1	3	7

SUDOKU

LEVEL: EASY

3	5	4		2		6		
4	9		7	6		1	8	
6			1		3	2	4	5
		3	9			5	8	
9	6			5	8	7		3
	8	1	3		4		9	2
	5		6		1	4		
2			5	4	9		7	
1	4	9			7	3		6

ANSWER

3	1	5	4	8	2	9	6	7
4	9	2	7	6	5	1	3	8
6	7	8	1	9	3	2	4	5
7	2	3	9	1	6	5	8	4
9	6	4	2	5	8	7	1	3
5	8	1	3	7	4	6	9	2
8	5	7	6	3	1	4	2	9
2	3	6	5	4	9	8	7	1
1	4	9	8	2	7	3	5	6

Christmas Word Search Answers

S E B O L G W O N S B L I T Z E N Q F R O S T Y
 X P I R T O Y S U T A O C E L O P H T R O N Y S
 M H R A S E N A C Y D N A C D I C I C L E B A S
 Q O V T Q E S N O W P L O W I Z T R E C N A D L
 W R I S L A N D E X G Z B B S T H G I L H P H L
 O S X L D R A M V A M M S A C H I M N E Y D T E
 N E E R M M M I E D L N F I R E P L A C E G R B
 S R N I A U W S S G S G N I T E E R G L G R I S
 X I W H R F O T W R A P P I N G P A P E R E B N
 H D D O Y F N L F X X N E U R D R C N B C E S O
 P E B H W S S E I K O O C P A W T F A C L N U W
 L S O O W H I T E E H S C L O U R L Q R E Q S F
 O X W H H K D O O Q T R L O A H E E E V O L E L
 D O S O A I Q E G Q C A L E L A E B D C H L J A
 U S R S T N E M A N R O L R I D V S R I P I S K
 R T E E L D N A C A M E S O O G A T A R R C J E
 S O C C K C F E C I K X H C C H H F Z N E E W S
 T C N U S T A X L H E O A S A O R I I O S D D W
 O K A P A E M K E A Q D E S A R H G L E E A F S
 O I R I N M I R S T W T P B A D F C B L N N K J
 B N P D T O L C H R I S T M A S K S T N T L X Q
 R G I R A C Y R E E D N I E R H Q W E O S B B H
 S S S R E T A E W S N W P L Z U S R Q Q H F I K
 H L A R N K G L O V E S S E I R R E B Y L L O H

Snow plow	Family	Hot chocolate	HoHoHo	Bells	Milk
Jesus Birthday	Carols	Green	Red	Bows	Cookies
Love	Hope	Gifts	Mary	Candle	Santa
Ice	White	Eve	Hat	Noel	Elf
Mistletoe	Ear muffs	Toys	Coat	Horse rides	
Icicle	Boots	Star	Gloves	Frosty	
Reindeer	Scarfs	Greetings	Fire place	Cold	
Snowflakes	Christmas	Snow	Blitzen	Donner	
Cupid	Comet	Vixen	Dancer	Prancer	
Dasher	North pole	Ornaments	Tree	Chimney	
Snowman	Snow globes	Sleigh	Presents	Lights	
Candy canes	Holly berries	Rudolph	Wrapping paper	Stockings	

QUIZ TIME

1. The ancient monument of Stonehenge can be found in which English county?
2. Which pantomime title character was the son of the Widow Twankey?
3. How many ventricles are in the human heart?
4. Who is the patron saint of Scotland?
5. Who played Claudius in the 1976 TV series "I, Claudius"?
6. On a standard UK Monopoly board, what colour is Bond Street?
7. In 2011, who released the single, "Someone Like You"?
8. A diamond is a form of which chemical element?
9. Which fruit is a cross between a blackberry and a raspberry?
10. The car manufacturer SAAB originated in which country?
11. Nell Gwyn was a mistress of which King of England?
12. Which author created Frankenstein?
13. The song "Blue Moon" is the adopted theme tune for which English football club?
14. How do the Americans refer to a torch?
15. The hallux is the medical name for which part of the human body?
16. What word can be both a Womble and a European country?
17. From which musical by Rodgers and Hammerstein does the song "You'll Never Walk Alone" originate?
18. What nationality is tennis player Novak Djokovic?
19. How would 900 be written using Roman numerals?
20. What was the sequel to the 1991 movie "The Addams Family"?

Answers in the next newsletter

Answers: 1. Four: former business partner Jacob Marley, and the spirits of Christmas Past, Present and Future, 2. Paris, 3. Britain, 4. 364, 5. 1994, 6. *The Polar Express*. He plays Hero Boy, Father, Conductor, Hobo, Scrooge and Santa Claus, 7. Japan, 8. Billy Mack, played by Bill Nighy, 9. Three - Dancer, Dasher, Donner, 10. A coin, 11. Oslo, Norway, 12. Capricorn, 13. Bing Crosby - 'White Christmas', according to the Guinness Book of World Records, 14. Nine years - the last episode aired on 1 January 2010, 15. Ross Geller, 16. Bobby Helms - 'Jingle Bell Rock', 17. 3pm, 18. White, 19. Donald Trump, 20. Germany